



HEADTEACHER'S WEEKLY BULLETIN

"For I know the plans I have for you... plans to give you hope and a future"

Jeremiah 29:11



ISSUE NO. 13: 8 Dec 2023

DIARY DATES

Mon 11 Dec	Elfridges Christmas Shop & Class Parties—wear party/festive clothes
Tues 12 Dec	3.15pm FOSP Festive Cinema Night
Thurs 14 Dec	Mufti Day: Festive jumpers/home clothes for School Christmas Lunch
Fri 15 Dec	9am St Peter's Christmas Service @ St Peter's Church, Tandridge—All welcome
Tues 2 Jan	INSET Day—school closed for staff training
Wed 10 Jan	Pied Piper & Deafinitely Theatre Group "Can Bears Ski?"

✓ THINGS TO CHECK THIS WEEK:

- ❑ After School Clubs for Spring Term
- ❑ Please check that all items of uniform, coats, etc are clearly named for January

HAPPY BIRTHDAY TO...

Noah (age 5), Brandon, Lily and Pia (age 6) and Oscar P (age 7)



Dear Parents and Carers,

As we come to the end of our autumn term and see out 2023, we would like to wish you all a very Merry Christmas and send you our best wishes for the New Year.

We hope you are all able to have a super rest and some relaxation (amongst the cooking of Christmas dinners and unwrapping of presents), with dedicated time to enjoy your loved ones around you, making treasured memories.

I will leave you with some wonderful images of the children this week, participating in lots of festive fun as they have partied, met Father Christmas, and sung their hearts out.





CHRISTMAS TIME - A Poem by Ronald Doe

Christmas time is finally here.
It only comes but once a year,
And it's a time to spread good cheer
To those we love and hold so dear.

Christmas time is a time of glee,
A time when peace and love run free,
A time for those like you and me
To sit beneath the Christmas tree.

Christmas time is a time of joy,
A time to sit back and enjoy
The smile on each girl and boy,
As they play with a Christmas toy.

Christmas time is a time to share
The passing of another year.
Birth of Jesus, a joyful prayer,
To show loved ones how much we care.

Christmas time is a time for song,
A time for us to get along,
To make us feel Lord Jesus strong,
Forgive all those who did us wrong.

Christmas time is a time to pray,
Put love and kindness on display,
Show compassion along the way.
Christmas time should be every day.



What do elves learn in school?

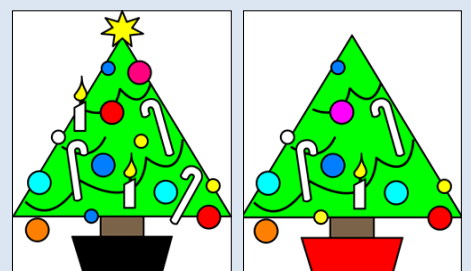
Answer: The "elf"-abet

CHRISTMAS WORD SEARCH

Circle words in the puzzle below



Santa stocking snow toys
elves tree cookies ornament
Rudolph star present sleigh



Spot the 8 differences

CRISIS AND ADVICE HELPLINES

Mental Health Crisis helpline

call: 0800 915 4644
text: 07717 989 024
Open 24/7, 365 days of the year

Samaritans

call: 116 123
email: jo@samaritans.org
Open 24/7, 365 days a year, to provide confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts

Campaign Against Living Miserably (CALM)

call: 0800 58 58 58
Or visit the webchat page:
www.thecalzone.net/help/webchat/ 5pm to midnight, 365 days/year

SANeline

call: 0300 304 700
4pm to 10pm, 365 days a year

Mental Health Support line SHOUT

Text: 85258
24/7, 365 days a year
Text service if you're struggling to cope and you need immediate help

National Domestic Violence Support Helpline

call: 0808 2000 247
24/7, 365 days a year
A helpline for those experiencing domestic abuse to support you in increasing your safety and find specialist services. If you feel like you are at imminent risk of harm please call 999 in an emergency or 101 in a non-emergency.

East Surrey Domestic Abuse Service

provide practical advice and services in terms of the wider problems of domestic abuse, as well as providing emotional support.
Confidential call : 01737 771350 9am-4pm
Email : leigh.esdas@esdas.cjsm.net
Out of hours number: Surrey Domestic Abuse on 01483 776822 between 9am-9pm

Respect is a helpline for male victims of domestic abuse.

Call: 0808 8024040
Mon-Thu 10am-8pm, Fri 10am-5pm.
Email: info@mensadviceline.org.uk
Mon-Fri 9am-8pm

Your Sanctuary

Call: 01483 776822
9am-9pm 365 days
A Surrey based charity for victims of domestic abuse, who can provide advice, women's outreach and refuge houses.

Surrey Drug and Alcohol Care

call: 0808 802 5000
24/7, 365 days a year
Offering information to anyone with queries or concerns about drug/ alcohol misuse

Action for Carers support line

call: 0303 040 1234
9am-5pm, Mon, Thurs & Fri and 9am-6pm Tues & Wed
First point of call for carers to receive advice, information and support with any practical, emotional or financial concerns

Silverline

call: 0800 470 80 90
24/7, 365 days a year
A free, confidential helpline providing information, friendship and advice to older people

CRUSE bereavement helpline

call: 0808 808 1677
Mon-Fri 9.30am-5pm
To receive emotional support if you are affected by bereavement



everymind at work

You're not alone this Christmas

NATIONAL DEBTLINE 0808 808 4000 www.nationaldebtlife.org

No Panic 0300 7729844 www.nopanic.org.uk

shout 85258 Text 85258 www.giveshout.org

CRUSE Bereavement Care 0808 808 1677 www.cruse.org.uk

CAMPAIGN AGAINST LIVING MISERABLY 0800 58 58 58 www.thecalzone.net

mind 0300 123 3393 www.mind.org.uk

SAMARITANS 116 123 www.samaritans.org.uk

Don't suffer in silence.

For more support organisations, you can find the Everymind Mental Health Support Directory on www.everymindatwork.com



ST PETER'S CHURCH, TANDRIDGE



Phone: 01883 714263
Email: stmaryoxted.stpeterandridge@gmail.com
https://stpeterandridge.uk/Groups/343723/St_Peters_Church.aspx

SUNDAY 17 DECEMBER

11am Nine Lessons and Carols
4.30pm Café Service @ St Mary's, Oxted
6.30pm Holy Communion



..... COME ON A NATIVITY JOURNEY

Every day from Mon 18 - Sat 23 Dec
4pm - 6pm

Journey around the church and meet characters from the Nativity Story, decorate a star, enjoy refreshments, dress up & join in the Nativity photo booth

ALL AGES WELCOME

St Mary's Church
Church Lane, Oxted
Free event

St Mary's: Knowing Christ - Growing Community - Renewing Heritage



ADVENT & CHRISTMAS at ST PETER'S

SATURDAY 2 DECEMBER
From 9am church & churchyard tidy up

SUNDAY 17 DECEMBER
11am Nine Lessons and Carols followed by refreshments

MONDAY 18 - SATURDAY 23 DECEMBER @ ST MARY'S
Anytime between 4pm-6pm come & experience the Nativity Journey & enjoy refreshments (free event)

THURSDAY 21 DECEMBER
10am Baby Space Christmas special
7pm Carol singing around Tandridge meet at the Barley Mow
8pm Youth Space Christmas special

FRIDAY 22 DECEMBER
9.30am Meeting Place Christmas special in The Space
Drinks at the Rectory from 4pm

CHRISTMAS EVE
5.30pm Nativity Service optional to come in any nativity costume
11.30pm Midnight Communion

CHRISTMAS DAY
8am Parish Communion
11am Family Communion

On behalf of all the staff I would like to say a huge thank you for all the gifts we have received. It is extremely generous of you and so very kind. Thank you so much.

God Bless and take very good care. Lenia Greenaway

CHILD PROTECTION CONTACT CENTRE

At St Peter's we take the safety and well-being of every child very seriously. If you are ever concerned about a child please speak in confidence to our Designated Safeguarding Lead, Miss Greenaway or our Deputy Designated Safeguarding Leads, Mr Atterton and Mrs Vaquinhas. If you feel you have not had a satisfactory response from us to any child protection issue, please phone the contact centre on:

Tel: 0300 200 1006

"Safeguarding is Everyone's Business"

Inset Day

TUESDAY 2 JANUARY 2024



Dear Father God,
Thank You for this Christmas season and for sending Jesus as the greatest gift of all!
Help us slow down and focus on what's really important—You.
Help us take the time to enjoy every moment of this holiday season with our loved ones
and learn new ways to love and help each other.
Amen



Emergency information regarding the school
will be announced on HEART RADIO 102.7FM

01883 712439 | hello@stpetersinfant.org | www.stpetersinfant.org



Southwark Diocesan Board of Education
Supporting Christian Education



12 Top Tips for Children and Young People to Enjoy a TECH-FREE CHRISTMAS

The Christmas holidays are tailor made for families to enjoy relaxed quality time in each other's company – but with distractions like pinging phone notifications, the lure of games consoles and online Boxing Day sales, that can be more difficult than it sounds. Staying off our phones, laptops and tablets, however, can really help us to appreciate the things that genuinely matter at this special time of year. Follow our 12 top tips for a tech-free festive season ... Yule be glad you did! Merry Christmas!

CHRISTMAS CRAFTING

Get out the paper, glue and scissors and have a go at hand-making cards or gift tags. You could also create your own decorations to add a uniquely personal touch to the Christmas tree.

NATURE QUEST

Try a scavenger hunt in the garden or your local park. Challenge yourself and your family to find natural treasures that are symbolic of this time of year – like holly or pinecones, say.

CAROL KARAOKE

Sing your hearts out with a Christmas carol karaoke night. Pick out your favourite tunes and enjoy a musical celebration with family and friends.

WANDER DOWN MEMORY LANE

How about making a scrapbook filled with your favourite memories from Christmases gone by? Unleash your creativity while you enjoy reliving those magical holiday moments.

TRY REFLECTIVE JOURNALLING

Jot down your thoughts, feelings and reflections on the holiday in a notebook or diary – you could also list some of your main goals for the new year.

WRAP IT UP

Take time to get inventive with some luxurious gift wrapping. Break out the wrapping paper, ribbons and bows to make parcelling up those presents into a creative adventure.

WALK IN A WINTER WONDERLAND

Delight in the great outdoors with some gentle walks over the holiday. The family can all wrap up warm as you add to your step count and savour the crisp winter air together.

BE A SEASONAL CHEF

Get the whole family working together in the kitchen for some Christmas cooking. Choose a recipe and whip up a festive feast that all of you can enjoy.

ENJOY A CHRISTMAS STORY

Christmas is a perfect time for sparkling stories. Get cosy and lose yourself in a brilliant book, from Dickens to Dr Seuss or a more modern favourite by Chris van Allsburg or Tom Fletcher.

SNOWY SCULPTURES

If we're fortunate enough to get a white Christmas this year, make the most of the opportunity by having a family snowman-building competition!

GAMES NIGHT GALA

Dive into some old-school fun with a tech-free games night. Classic board games and card games have stood the test of time for a reason!

GOODWILL TO ALL

You and your family could spend a day volunteering – perhaps at a food bank or helping a local charity. After all, kindness and thinking of others are part of what Christmas is all about.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



The National College



National Online Safety
#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

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