

HEADTEACHER'S WEEKLY BULLETIN

"For I know the plans I have for you... plans to give you hope and a future"

ISSUE NO. 14: 5 Jan 2024

DIARY DATES

Mon 8 Jan 9.15am School tours for Prospective Parents September 2024 Entry

Wed 10 Jan Pied Piper & Deafintely Theatre Group "Can Bears Ski?"

Tues 6 Feb Safer Internet Day

Thurs 8 Feb Ladybirds and Dragonflies Class Trip to Shah Jahan Mosque, Woking

Dear Parents and Carers.

I hope you have all had a wonderful break, with lots of rest and relaxation time over the festive period. I would like to wish you all a very happy and prosperous New Year, and hope that it is an excellent year for you all.

The first few days of term have begun really well, and it was wonderful to see the smiling faces and delight of children as they came bounding into school on Wednesday.

As always, this term will be a busy but very exciting one. We will have, amongst other things, an E-Safety Week, Science Week, Mother's Day and Easter Pause Day. The class topic webs are on the school website and will also be emailed to you, so you can see the many varied and active learning experiences the children will be doing. As always, if the children have additional topic related learning/artefacts they would like to bring in to compliment their class topics, it would be wonderful to see them.

Happy New Year

THINGS TO CHECK THIS WEEK:

- ☐ Full PE Kit is back in school
- Please check that all items of uniform, coats, etc are clearly named
- □ Consent form for Pied Piper Event returned
- ☐ School notified of any changes to Pupil **Emergency Contact Details**

IMPORTANT: CHANGE OF DATES

THE TWELVE DAYS OF

ristmas

Due to the end of spring term falling on Maundy Thursday, we have needed to change our Easter Bonnet parade and Church service. The new dates for your diary are:

Easter Bonnet Parade: Tuesday 26 March at 2.45pm in the playground.

Easter Church service: Wednesday 27 March at 9am prompt at St Peter's Church, Tandridge

School will finish at the usual time 3.15pm on Thursday 28 March.

WHAT ARE THE 12 DAYS OF CHRISTMAS?

The Twelve days of Christmas is the period in Christian theology that marks the span between the birth of Christ and the coming of the Magi, the three wise men. It begins on December 25 (Christmas) and runs through to 6 January (the Epiphany, sometimes also called Three Kings' Day).



PUPIL FOR PUPIL ANTI-BULLYING POLICY

At the end of last term the Anti-Bullying Team finished creating their Anti-Bullying Policy created especially for our St Peter's children. They will be sharing this with the school next week in one of our Collective Worships, but as they have put so much work and effort into this, we wanted to share it with you as soon as possible as well. Please do look at the policy attached with this newsletter. This will also be available to view on the school website.



We hope you all have a gentle, easing back into work and/or school life, and as such wish you a very peaceful

God Bless and take very good care. Lenía Greenaway

Mu True Love

WANTED: PAVING SLABS

weekend.

Does anyone have any paving slabs that they no longer need?

To be able to build our shed for all of our lovely new outdoor learning equipment we need paving slabs to create a hard surface. Any slabs you may have, or know are going spare, would be greatly received. If anyone would also like to help build the shed and/or base that would be an added bonus for us!

CHILD PROTECTION CONTACT CENTRE

At St Peter's we take the safety and well-being of every child very seriously. If you are ever concerned about a child please speak in confidence to our Designated Safeguarding Lead, Miss Greenaway or our Deputy Designated Safeguarding Leads, Mr Atterton and Mrs Vaquinhas. If you feel you have not had a satisfactory response from us to any child protection issue, please phone the contact centre on:



🗽 Tel: 0300 200 1006

"Safeguarding is Everyone's Business"

New is the year, new are the hopes, new is the resolution, new are the spirits

ST PETER'S CHURCH, TANDRIDGE

THE CHURCH OF ENGLAND

Phone: 01883 714263

Email: stmaryoxted.stpetertandridge@gmail.com https://stpeterstandridge.uk/Groups/343723/St_Pe /St Peters Church.aspx

SUNDAY 7 JANUARY

Holy Communion

4.30pm Café Service @ St Mary's, Oxted

6.30pm Evensong

Dear Father God.

As we prepare for the coming of a new term, make us ready, attentive and available to hear you.

Thank you for the gift of being able to rise each day with the assurance that you walk through it with

Thank you for the gifts of creativity and uniqueness. and the energy to put them to good use.

Amen.



If you're planning ahead and booking a holiday, please remember to use Easyfundraising! You can raise a BIG donation for St Peter's School at no extra cost to yourself! Plus, for a limited time, book with TUI

and you'll be entered into a giveaway for your chance to WIN the value of your holiday back: https://www.easyfundraising.org.uk/travel-hub/?utm campaign=pmc&utm source=email&utm medium= social&utm content=tuigiveawayemail1=social&utm content=tuigiveaway-fb1



Emergency information regarding the school









Buy

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk.
Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for.
Controlling how much time you spend in potentially stressful areas of the internet – like social media pletforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board garne, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities - empowering school leader and saff with the knowledge and tools to shape their settings into inclusive and the saff with the knowledge and tools to shape their settings into inclusive the saff with the knowledge and tools to shape their settings into inclusive the saff with the knowledge and tools to shape their settings into inclusive the saff with the knowledge and tools to shape their settings into inclusive the saff with the knowledge and tools to shape their settings in the inclusive the saff with the knowledge and tools to shape their settings in the inclusive the saff with the knowledge and tools to shape their settings in the inclusive the saff with the knowledge and tools to shape their settings in the inclusive the saff with the knowledge and tools to shape their settings in the inclusive the saff with the knowledge and the saff with the saff wi



The National College









