



# HEADTEACHER'S WEEKLY BULLETIN

"For I know the plans I have for you... plans to give you hope and a future"  
Jeremiah 29:11

ISSUE NO. 31: 23 May 2024

## DIARY DATES

Fri 24 May	INSET Day—school closed for staff training
w/c 10 Jun	St Peter's Health & Wellbeing Week
Mon 10 Jun	First Aid Workshops—please bring your teddy to school
Fri 14 Jun	Bring Your Dad to School morning—details to follow
	1.30pm Sports Day—All welcome
Sat 22 Jun	1.30—4pm St Peter's Family STEAM Funday
Wed 26 Jun	Pause Day: St Peter
Fri 28 Jun	Reserve Sports Day in case of poor weather 14/6
Mon 1 Jul	3.15pm Busy Bees Friendship teatime in Tandridge Village Hall—all welcome

Dear Parents and Carers,

As this half term ends, I just wanted to send a very short newsletter to say that we wish you all a fabulous Bank Holiday Weekend, and if you can have some time off, an excellent break over half term.

## THE LOST SHEEP

Ladybirds led a lovely Collective Worship for the rest of the school on Tuesday centred on the 'Parable of the Lost Sheep'. They were able to explain what a parable is and how the story told by Jesus is there to remind us that every one of us is so precious to Him. He loves us so much and He will never give up on us, no matter what! The shepherd (God) leaves the ninety-nine sheep that are safe to go to find that one lost little sheep because that sheep is so important to Him, just like each of us is important to God!

Sometimes we can be a bit like that lost sheep and feel far away from God but remember, He is our good shepherd, and He will keep searching for us and calling us back into His arms until He finds us! He will celebrate every time we come back to Him! Just like how He rejoices when He finds that little lost sheep! That's how much He loves each of us! Well done Ladybirds. It was a beautifully presented Collective Worship.



## THINGS TO CHECK THIS WEEK:

- Please NAME everything brought into school including ALL items of clothing and WATER BOTTLES.
- Named sunhat in school
- Suncream applied before school
- PE Kits washed and returned on 3 June

## HAPPY BIRTHDAY TO...

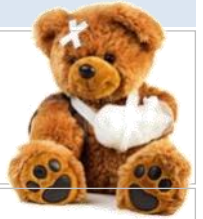
Summer, Poppy and Lawson (age 5) and Louis R. (age 6)



"When you call me, and when you go to pray to me, I will listen to you. When you look for me, you will find me. Yes, when you seek me with all your heart, you will find me with you." Jeremiah. 29:12-14

## HEALTH AND WELL-BEING WEEK: BRING YOUR TEDDY

The second week after half term will be our special Health and Well-being Week, with lots of activities and workshops planned for the children concluding in Sports Day on the Friday afternoon. As part of this, the children will be participating in age appropriate first aid training on the Monday morning. We would love all the children to please bring in one teddy (only one please) on Monday 10 June to support them with this. (We will send out a reminder nearer the time).



## CALLING ALL ARTISTIC PARENTS....AND ANYONE WITH SPARE BRICKS!



We would really like to develop our Peace Garden further, as it is looking a little tired and needs some pizzazz! We would love to create some of the books (similar to these shown), chosen from the children's favourite stories, which can be made by painting bricks. How amazing do these look?

So... if you have any bricks, or would like to help us with this project, and have some spare time, please do get in touch as we would love to hear from you.

## P.E. KIT

Please may we remind everyone that PE kits are also an important part of our school uniform, and as such please may they be washed on a regular basis. This might mean that for some children they are taken home and washed more than once every half term. PE kits are also worn for some school trips and therefore represent the school and our values. Thank you very much.

I hope you all have a really brilliant Bank holiday weekend and enjoy sharing time with your children over the weekend/week.

God Bless, Lenia Greenaway

## CHILD PROTECTION CONTACT CENTRE

At St Peter's we take the safety and well-being of every child very seriously. If you are ever concerned about a child please speak in confidence to our Designated Safeguarding Lead, Miss Greenaway or our Deputy Designated Safeguarding Leads, Mr Atterton and Mrs Vaquinhas. If you feel you have not had a satisfactory response from us to any child protection issue, please phone the contact centre on:

Tel: 0300 200 1006

"Safeguarding is Everyone's Business"



Emergency information regarding the school will be announced on HEART RADIO 102.7FM

01883 712439 hello@stpetersinfant.org www.stpetersinfant.org



Southwark Diocesan Board of Education  
Supporting Christian Education





# 10 Top Tips for Parents and Educators

## ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

### 1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

### 2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

### 3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

### 4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

### 5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

### 6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

### 7 TEACH EMPATHY

'Healthy friendships' doesn't always mean perfect. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

### 8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

### 9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

### 10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

## Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



#WakeUpWednesday

The National College