

HEADTEACHER'S WEEKLY BULLETIN

"For I know the plans I have for you... plans to give you hope and a future"



ISSUE NO. 14: 13 Dec 2024

DIARY DATES

Mon 16 Dec Elfridges and Christmas Party—Non Uniform/Party Clothes

Wed 18 Dec School Christmas Lunch—Optional Christmas jumpers with uniform or full uniform Fri 20 Dec 9am School Christmas Service @ St Peter's Church, Tandridge—All welcome

Mon 6 Jan First day of spring term

Thurs 9 Jan 9.15am School tours for Prospective Parents September 2025 Admissions Wed 15 Jan Pied Piper Theatre Co "The Town Mouse & The Country Mouse"

INSET Day—School closed for staff training Fri 14 Feb

"Jesus took His place in a manger so that we might have a place in Heaven" Greg Laurie

Dear Parents and Carers,

A short and sweet newsletter today as this week has been a whirlwind of Christmas Nativity performances. The children have surpassed themselves! They have risen to all the different events and experiences in the most fantastic way. Our Busy Bees, who have not done these before, really did make themselves and everyone else proud. Wow doesn't come close! Well done everyone for your amazing performances and a massive thank you to all the staff for their unbelievable hard work when making these performances come to life. We will send out links to the recording of the nativity later today along with a link to the photographs that were taken of the children in their costumes. The links are password protected and will expire in a couple of weeks so please make sure you have saved any copies locally before this time if you wish. Please remember that these are for use within the school community only and images containing any children that are not your own must not be shared online in any format.

Next week continues to be very busy with Elfridges, Christmas parties, school Christmas dinner and rehearsals for our magical Christmas service at St Peter's church. But take comfort in the fact that you are on the 'home stretch'.

THANK YOU

We would like to say a huge thank you to the Friends for their amazing fundraising efforts over the last few weeks. A huge thank you to everyone who bought tickets, and to our amazing ticket sellers: Sarah Rayment, Deb Meade, Vinny Meade, Sarah Nixon Browne, Zoë South, Sara Crouch, Victoria Warne, Sarah Lewis, Neil Robinson and Tim Hale who championed everyone into buying raffle tickets this week before the nativity performances and has raised an amazing £775 for your children. Thank vou so much.

Many companies and individuals responded superbly to the Friends request for support and donated some fantastic prizes. We would like to give a special mention and sincere thanks to them:

Priory Farm MV Nail & Beauty Bar Robertson's The Drift Golf Club

Everyman Cinema Spectrum Gymnastics Sarah Nixon Browne The Secret Cellar Westerham Brewery

Chartham Park Health Club Teddy Locks Socks Bru & Bear/ The Deli Tandridge Leisure Centre Aqua Sports Mercer's Lake

Godstone Farm Hobbledown **BB** Soccer Piper's Florist Learning Creative Arts соок



Simon Quincey, Isla Kent, Jackie Tolland, Laura Holt, Pam Manster, James Gordon, Chrissie Amer, Lauren Killick-Seal, Anca Townshend, Joan Francis, Matt Nixon, Debi Pryke, Alice Dalziel, Chris Wells, Seren Edwards, Sara Holledge, Simon Quincey, Lawson Aylward-Green, Matthew Salvidge, Gareth Southall, Caroline Smith, Nicola Roberts. Congratulations all

If you missed out this time, don't forget there is still a chance to bid on the silent auction to win a Round of Golf at Tandridge Golf Club. Entries close at midnight Monday 16 December.

SILENT AUCTION

The Friends of St Peter's Infant School are delighted to be holding a silent auction for:

A Round of Golf (4-ball) at the prestigious Tandridge Golf Club!

To enter, send your first and final bid to friends@stpetersinfant.org by midnight

The person, we commute amended once submitted. The announced by Friday 20th December. The minner must transfer their donation ing notified or it will be offered to the next highest bidder. Youther valid from 35 Ja tree 1st January 2006. The round may be claimed on a Monday, Wednesday or The sitability). Green fees usually up to £160pp.

REMINDERS:

PARTY CLOTHES AND CHRISTMAS JUMPERS

On Monday 16 December the children are invited to wear party clothes and/or Christmas jumpers for their special Elfridges shopping event and Class Party afternoon. Please ensure the children continue to wear sensible shoes and have their coats etc for outdoor playtimes.

On Wednesday 18 December the children will be having their special Christmas Dinner so will be able to wear Christmas jumpers with their uniform on this day if they wish.

PE Kits will be coming home today. Please check them carefully, so your child has their full, NAMED PE kit with the correct sized footwear for next term. We are still having to remind some parents to label children's clothes, so please can you also check labels as we cannot be responsible for lost/misplaced items if they have no name in them!

CHRISTMAS SERVICE Friday 20 December at 9am

We would love for as many of you to join us for our very special Christmas Church Service at St Peter's Church. This will start at 9am prompt on Friday morning. Please take the children straight to the church as we did for the Harvest festival. Please bring your singing voices with you too! We will be walking the children back to school afterwards, so please let your class teacher know if you are also able to help us with this. School will finish at the usual time of 3.15pm on this last day of

CLASS NEWS



BUSY BEES

This week has been all about the Nativity "It's a Baby". A huge well done to the children for performing so brilliantly. It was wonderful to see so many family members watching - we are really proud of every child and the whole class got a Great Learning Certificate for their performances. This week we have been listening to a variety of Christmas stories, including the Nativity and we continued to talk about different Christmas traditions—understanding that not everyone celebrates Christmas. The children really enjoyed making decorations, writing cards and other surprises that will go home next week. In Phonics, we reviewed all the phonemes and tricky words taught so far and enjoyed writing sentences independently. In Maths we have mastered numbers to 10 and practiced writing them correctly.

Homework: Daily reading

LADYBIRDS

Ladybirds have blown us away this week doing such a brilliant job of our Christmas play: we are all so proud of them. A huge thank you to all the children and to the parents who helped and supported us. As well as the play, we have been getting into the Christmas spirit with our English writing. We have been looking at the John Lewis advert from 2019 "Excitable Edgar" (we really enjoyed watching this and keep asking to see it again!!). We used this advert to help us practice using adjectives to describe Edgar and to also sequence the story.

Homework: Read and Rest

Pencil cases will also be coming home in the next few days. It would be really helpful please if these were topped up ready for full use again in the spring term.

DRAGONFLIES

Dragonflies have had a very 'lights, camera, action' week with much of our time full of performances and filming. The children have all been absolutely amazing; singing, dancing, acting... they were phenomenal!! Well done Dragonflies Class! The rest of our time this week has had a big Science focus. We continued to look at our topic of 'animals including humans'. We have now investigated and compared reptiles; amphibians; birds; fish; and mammals. Our understanding of the characteristics of these animal groups is very strong. In English we focused on poetry. We looked at the song 'When I Grow Up' from Matilda as the inspiration behind our work. We talked about what we might to do when we grow up and used this to begin to write our own poems.

Homework: Titanic research

Pencil cases will also be coming home in the next few days. It would be really helpful please if these were topped up ready for full use again in the spring term.

CHURCH NEWS



Our services this Sunday:

Family Service 11am 6.30pm **Evening Prayer**

>> St Peter's Church &Tandridge Village Magazine

Dear God

Thank you for all the fun and excitement of Christmas.

Thank you for the amazing nativity story, that tells us about the birth of Jesus.

Thank you for sending us your Son, a gift from you into this world.

As we look at the lights on the tree, remind us of the light Jesus brought to this Earth.

When we sing songs and carols, remind us of the hope Jesus showed everyone.

And as we open the gifts and presents, remind us that Jesus was the best gift ever.

Help us to share special times with family and friends this Christmas, And to share the light, hope and gift of Jesus to the world. Amen.



HAPPY BIRTHDAY TO...

Brandon (age 7) and Freya (age 5)

Also to Willow (age 5); Jesse (age 6); Joseph (age 7); Esmé (age 7); Sienna (age 5); and Pia (age 7) who have celebrated birthdays recently.

PRAYER FOR JOY (3RD WEEK OF ADVENT)

Heavenly Father, fill our hearts with the joy that comes from knowing your love.

May we rejoice in the good news of salvation and share that joy with others during this season of Advent.

HOUSE TEAM POINTS







I hope you have an absolutely brilliant weekend. Remember to dig out those festive jumpers for the children, ready for much partying! God Bless. Lenía Greenawau

www.stpetersinfant.org





CHILD PROTECTION CONTACT CENTRE

At St Peter's we take the safety and well-being of every child very seriously.

If you are ever concerned about a child please speak in confidence to our Designated Safeguarding Lead, Miss Greenaway or our Deputy Designated Safeguarding Leads, Mr Atterton and Mrs Vaquinhas, or telephone Surrey Child Services contact centre on:





Tel: 0300 200 1006

"Safeguarding is Everyone's Business"

Emergency information regarding the school









CRISIS AND ADVICE HELPLINES

Mental Health Crisis helpline

call: 0800 915 4644 text: 07717 989 024 Open 24/7, 365 days of the year



call: 116 123

email: jo@samaritans.org

Open 24/7, 365 days a year, to provide confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts

Campaign Against Living Miserably (CALM)

call: 0800 58 58 58

Or visit the webchat page

www.thecalmzone.net/help/webchat/ 5pm to midnight, 365 days/year

call: 0300 304 700 4pm to 10pm, 365 days a year

Mental Health Support line SHOUT

Text: 85258 24/7, 365 days a year

Text service if you're struggling to cope and you need immediate help

National Domestic Violence Support Helpline

call: 0808 2000 247

24/7. 365 days a year

A helpline for those experiencing domestic abuse to support you in increasing your safety and find specialist services. If you feel like you are at imminent risk of harm please call 999 in an emergency or 101 in a non-emergency

East Surrey Domestic Abuse Service

provide practical advice and services in terms of the wider problems of domestic

buse, as well as proving emotional support. Confidential call: 01737 771350 9am-4pm Email: leigh.esdas@esdas.cjsm.net

Out of hours number: Surrey Domestic Abuse on

01483 776822 between 9am-9pm

Respect is a helpline for male victims of domestic abuse.

Call: 0808 8024040

Mon-Thu 10am-8pm, Fri 10am-5pm. Email: info@mensadviceline.org.uk

Mon-Fri 9am-8pm Your Sanctuary

Call: 01483 776822

A Surrey based charity for victims of domestic abuse, who can provide advice, wom-

en's outreach and refuge houses

Surrey Drug and Alcohol Care

call: 0808 802 5000

24/7, 365 days a year

Offering information to anyone with queries or concerns about drug/alcohol misuse

Action for Carers support line

call: 0303 040 1234

9am-5pm, Mon, Thurs & Fri and 9am-6pm Tues & Wed

First point of call for carers to receive advice, information and support with any

call: 0800 470 80 90

24/7. 365 days a yea

A free, confidential helpline providing information, friendship and advice to older

people

CRUSE bereavement helpline

call: 0808 808 1677

Mon-Fri 9.30am 5pm

To receive emotional support if you are affected by bereavement



Children and Young People's Emotional Wellbeing and Mental Health Service



If you need support now, here's what to do

call 999

If you're not in a crisis, but still need support ...

If you do not need urgent support, you can talk to your mental health lead in school. They are there to listen and support you with your mental health and wellbeing. If you do not know who this is, talk to a member of school staff you trust and they will be able to help you.

Visit our website, <u>www.mindworks-surrey.org</u> - this offers a wide range of information which can help your mental health and wellbeing. We have resources such as My Safety Plan and self-help tips to help guide you through your elibeing during challenging times. You'll find links to useful websites, recommended reading , plus coping strategies to help you through difficult times.

We are partnered with Kooth, who are a digital mental health platform providing confidential support for all young people. Here lists or need to be referred by an adult. Visit www.kooth.com for more information.

- Shout: is a free, confidential, 24/7 text support service for anyone in the UK who is struggling to cope. To start a conversation, text the word 'SHOUT' to 85258.
- <u>Chat Health</u>: is a safe and easy way for you to speak to a qualified health professional. They provide informatio about services near you that can provide support. Contact them through their website <u>www.chathealth.nbs.uk</u>

The CYP (Children & Young People) Haven is a safe space for any child or young people aged 10-18 to go where rey can talk about worries and mental health in a confidential, friendly and supportive place. Scan the QR code for more information



We also work closely with young people groups such as Amplify, their contact email <u>amplify.mindworks@sabp.nhs.uk</u> and Surrey Youth Voice, where your voice can help us help other young people's ental health and wellbeing services across Surrey and North East Hampshire. Contact them on 01483 519 464 or user.voice@surreycc.gov.uk

Mindworks Surrey provides a dedicated out-of-hours helpline for parents and carers of children with suspected or diag neurodevelopmental needs such as ASD and or ADHD. It's open 5 pm-11 pm, seven days a week. Call 0300 222 5755.

Mindworks Surrey also offers a range of groups and youth clubs for both children and young people. These are all open to self-referral and you can find out more information on our website by scanning the QR code.



The Mindworks Access and Advice Team can also provide support in signposting you to more help Call them on 0300 222 5755.

Find out more at mindworks-surrey.org

















our website



Our free children and young people's crisis line is available 24 hours a day to young people 6 years old and over, who are experiencing emotional and mental health crisis; and to also support their parents and carers.'

Please call 0800 915 4644 selecting option 1



10 Top Tips for Parents and Educators SAFETY OVER THE FESTIVE SEASON

The holiday season, marked by Christmas and New Year, brings joy and togetherness but also presents unique safety challenges for children, families and educators. From busy holiday shopping, traveling and family gatherings to managing digital activity during school breaks, staying safe during this period requires heightened awareness. This guide offers practical tips to help families and educators maintain a more secure and fulfilling festive period.

MONITOR DIGITAL ACTIVITY



Children spend more time online during school holidays, increasing exposure to potential dangers such as cyberbullying, inappropriate content and online predators. Balancing screen time, avoiding harmful websites and ensuring children engage positively online can be difficult without proper monitoring tools. Set clear boundaries, encourage open discussions about online safety and use parental controls to manage content exposure and screen time effectively. Regular check-ins and positive reinforcement around digital habits

PRACTICE FIRE SAFETY PROTOCOLS



The incidence of house fires increases during Christmas due to greater use of candles, cookers and electrical decorations. Open flames, electrical overloads and the need for quick response plans can make fire safety challenging. Ensure smoke detectors are operational, keep fire extinguishers on hand and teach children how to respond in case of a fire emergency. Avoid leaving cooking unattended and use fire-safe candles to prevent mishaps.

CREATE TRAVEL SAFETY PLANS

More families tend to travel during the holidays, resulting in busier roads, increased traffic accidents and weather-related hazards. Weather conditions, road rage, fatigue and busy airports can all compromise travel safety. Pack emergency kits and adhere to seatbelt laws. Plan routes in advance and allow extra travel time to avoid rushing and mitigate risks on busy roads.

BEWARE OF ALLERGIES

Holiday meals often involve many foods that may contain allergens. Cross contamination, unclear labelling and lack of allergy-friendly options can lead to severe reactions. Communicate any allergy needs to hosts, provide safe food alternatives and carry necessary medications like antihistamines or EpiPens. Facching children how to advocate for themselves and recognise deparations foods also contributes to safe calebrations.

PREVENT THE SPREAD OF ILLNESS



Cold weather and seasonal socialising can increase the spread of viruses like flu and COVID-19. Crowded gatherings, schools out of session and frequent travel can lead to higher infection risks. Emphasise hygiene, encourage vaccination, disinfect surfaces and isolate symptomatic individuals. Communication with children alout proper hygiene practices is essential to reduce the spread of illness.

6 STAY VIGILANT ON THE ROAD

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Increased holiday traffic heightens the risk of accidents for both drivers and podestrians. Distracted driving, pedestrian safety and inclement weather can complicate road safety. Encourage pedestrian safety practices, avoic distracted driving and never drive under the influence.

MAINTAIN SAFE DECORATIONS



estive decorations such as Christmas lights and candles can pose electrical, fire and choking hazards if mishandled. Frayed wires, topping Christmas trees, small praments and open flames can be difficult to control, specially in busy households with children. Inspect and maintain decorations, secure Christmas trees, place rangle or small items out of reach and ensure candles are sever left unattended. Testing smoke alarms and using lame-retardant decorations can significantly reduce isks.

8 SET BOUNDARIES FOR GIFTS



Some toys and gadgets can present choking, sharp-edge or safety risks, particularly for young children. Ensuring that gifts meet safety standards and are age appropriate can be complex with so many options available. Inspect all toys carefully and ensure any tech devices have parental controls. Setting expectations around safe gift use and discording packaging that poses a risk also helps

ADDRESS STRESS



Holiday pressures can lead to burnout, which affects both physical and mental health. Overpacked schedules and a lack of downtime can cause stress and fatigue, leading to accidents or poor decision making. Incorporate rest, maintain regular routines and seek support to reduce stress. Encourage activities that promote relaxation to create a healthier, happier holiday experience for everyone.

10 DRINK RESPONSIBLY



The

National College

Alcohol is commonly present at holiday events, raising concerns about safety and supervision. Excessive alcohol consumption can lead to accidents, impaired judgment and lack of supervision for children. Designate responsible adults, limit consumption and provide transportation alternatives for guests. Teaching moderation and modelling responsible behaviour in front of children ensures that celebrations remain positive and

Meet Our Expert

James Whelan is a chartered health and safety consultant with 10 years of experience in promoting family and community safety. Specialising in risk assessment and preventative strategies, he has worked with educational institutions, public health agencies and community groups to deliver safety education and training.



Source: See full reference list on guide page at: https://nationalcollege.com/guides/safety-over-the-festive-season







